

WELLSTON UPDATE



IN THIS NEWSLETTER...

TORNADO RELIEF

NEW PARTNER
HIGHLIGHTS

FOOD PANTRY
FRIDAYS

CHRISTMAS
STORE

JULY — 2025



NEW EFFORTS, MORE SERVICES

Storm Relief

In the wake of recent storms, many families are still in crisis — and your support is making a real difference. We're currently collecting bottled water, diapers (adult and child), hygiene items, non-perishables, and sandwiches/ready-to-eat meals for direct distribution.

We are working with [St. Peter Claver Parish](#) to ensure these resources go directly to families in our area.

See the flyer below for more info!

Drop-Off Hours:

Tuesdays & Wednesdays, 8 AM–12 PM
Fridays, 9 AM–12 PM

Donate sandwiches: [CLICK HERE](#)

Every contribution helps a neighbor in need.

We have updated contact information and our calendar for 2025.

Please see our [website](#) for information!

**Please note that our
PO Box has changed:**

**PO Box 11693
Saint Louis, MO 63105**

Food Pantry Fridays!

After the May tornado, Wellston saw an influx of new families to the food pantry.

Thanks to a dedicated team of new volunteers, the Wellston Center is now open for food distribution every Friday!

The **Food Pantry is now open on:**

- **Tuesday, 7:30 - 10:00 AM**
- **Wednesday, 7:30 - 10:00 AM**
- **Friday, 9:00 - 12:00 PM**

Just last week, we **served 25 additional families seeking help!** This added day means more flexibility for families who can't make it during the week — and more consistent access to food when it's needed most.

Want to volunteer? [CLICK HERE](#)

**Please SCAN
to DONATE**



Our Mission is simple: Feed the Hungry

Serving the **63133, 63120, 63121,**
and **63112** ZIP Codes.

One week of food,
per person, each month.

We Provide

Each person in a family receives more than \$70.00 of food; we spend around half of that to provide it.

Guests receive non-perishable and shelf-stable goods, along with frozen meat, cheese, eggs, milk, cured meats, bread, produce, and some household cleaners like detergent.

Mission

We serve an area with some of the highest rates of food insecurity in Missouri.

The US Census estimates around 25% of residents in our ZIP Codes of service are food insecure.

Local organizations estimate the rate may be closer to 33%.

10,000 homes are food insecure; our goal is to reach as many of these families as possible.



Support Our Work

Food prices are increasing and we are serving more families each month.

The need has only grown in the aftermath of the tornado. Please consider supporting our mission!

To connect with us please email:
wellstoncenter@gmail.com

We are located at:
1705 Kienlen Ave.
St. Louis, MO 63133

Please reach out to us if you are interested in volunteering!



WELLSTON'S WALK-IN FRIDGE

The Fridge

The walk-in fridge is essential for safely storing fresh produce, dairy, and meat—allowing us to provide healthy, high-quality food to hundreds of families each week and respond quickly to increased need during emergencies like the recent storm.

After the storm, our walk-in fridge went down and we called on our supporters for help!

Thank You!

We are deeply grateful to the **Incarnate Word Foundation** for their generous \$15,000 grant and to the **Archbishop's Charity Fund** for a \$6,600 gift — both awarded to support urgent cold storage repairs.

Their timely generosity ensures we can safely store and distribute fresh food to families who need it most.

Thank You Again to the Annual Catholic Appeal!

We are honored to share that the **Annual Catholic Appeal** has provided **\$45,000 in emergency relief** —along with a **\$60,000 commitment for FY 2025–26**. We are deeply thankful for this powerful affirmation of our mission and community work.



ANNUAL
CATHOLIC
APPEAL



RECENT PARTNERSHIP HIGHLIGHTS

GIDDO SIMON MINISTRIES

Giddo Simon Ministries has been a lifeline for our pantry, providing thousands of pounds of fresh, locally sourced produce each week. Their commitment ensures families in Wellston have access to healthy fruits and vegetables — bringing nourishment, dignity, and joy to our neighbors. We are so grateful for their partnership!

[Learn more about their work here!](#)



SMALLS SLIDERS

Beef can be a very hard item for the Wellston Center to provide to families; the folks at Smalls have partnered with us to provide regular shipments of beef! Thank you Smalls for helping feed hungry families!



CARITAS CONNECTIONS

Caritas Connections has been a faithful and generous partner to the Wellston Center, delivering weekly supplies of food, hygiene items, and more. They also recently awarded the Wellston Center a grant for \$900!

[Learn more about Caritas here!](#)



TSI

Wellston was happy to host TSI employees who volunteered for a day of service after putting on a clothing drive to support our Thrift Store. **Please reach out to us at Wellston if you are interested in having a day-of-service or would like to organize a drive! Thank you TSI!**



A NOTE FROM ANDREW



We are deeply grateful to our partners who stepped up in the aftermath of the recent storm. Your generosity made a meaningful difference—providing sandwiches for the poor and collecting urgently needed relief supplies.

Thank you to **Washington University Catholic Student Center, Christ the King, Sacred Heart Valley Park's Peace & Justice Ministry, Catholic Legal Assistance Ministries, Christ Prince of Peace, Ascension Catholic Church's St. Vincent de Paul Society, St. Catherine Labouré, Lourdes, Ascension Social Justice Commission, St. Rita SVdP, Mary, Mother of the Church, Social Justice Collaborative, The Joy of Cooking, Christ the King St. Vincent de Paul, Parkview, and St. Alban Roe.**

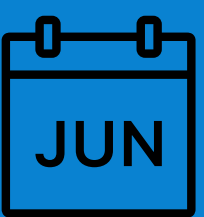
Andrew Diemer

Executive Director

Looking Back & Forging Ahead

Over
\$100,000

Raised to
combat
Food
Insecurity



20,000+ POUNDS

of healthy, grains, meat, produce, cheese, eggs,
milk, and canned goods, in the hands of families in
need

What It Takes to Feed over 80 Families a Week



Volunteers gathering hundreds
of pounds of food from local
groceries



Sourcing health and fresh
food from nationwide
distributors



Donors like you!



**\$5,000 of
Community Funding**



**A Thrift Store Open
Four Days a Week**



**50 Regular
Volunteers**



STL TORNADO RELIEF



The Wellston Center is collecting urgently needed food, clothing, and household items for families impacted by recent storms. **Thanks to our local partners, donations go straight into the hands of those who need them most—either through direct distribution at the Center or coordinated deliveries across the neighborhood.**

Every item makes a difference!

Urgently Needed Items:

- Bottled water
- Cleaning Supplies such as **Dish Soap, Clorox Wipes, Kleenex, Detergent**
- Diapers (adult & child)
- Food items: **Ramen Noodles, Sandwiches, Fruit Cups, Vegetables, Cereal**
- Hygienic products like **Toothbrushes, Shampoo, Body Wash, Deodorant**

PLEASE REACH OUT TO US IF YOU ARE INTERESTED IN VOLUNTEERING!

Email us at: **wellstoncenter@gmail.com**

Volunteers needed on Fridays 9 am - 12 pm!

DROP-OFF TIMES:

- **Tues & Wed: 8:00 AM – 12:00 PM**
- **Fridays: 9:00 AM – 12:00 PM**

Please deliver all donations to:

1705 Kienlen Ave. St. Louis, MO 63133



FOR MORE INFO, VISIT

WWW.WELLSTONCENTER.ORG

SAVE THE DATES

for the
32nd Annual

Wellston Christmas Store

CHRISTMAS STORE IS OPEN:

Saturday, **December 13**, 2025
8:30 AM - 1:00 PM

Sunday, **December 14**, 2025
8:30 AM - 1:00 PM

DONATION DROP-OFFS

All donations must be dropped off
at the Wellston Center by
Wednesday, December 10.
Please contact us to schedule a
pickup!

CONTACT US

1705 Kienlen Ave, St. Louis, MO 63133
314-409-7048
wellstoncenter@gmail.com

LOOKING FOR HELP!

Please contact us with
questions about
volunteering or donations!

Please SCAN to DONATE

