

HIGHLIGHTS

695

total individuals served
through our food pantry

168

total individuals helped
not in our service area

9,503 LBS

total of
food distributed

\$11,745

total value of food and
hygiene products distributed

\$3,475

total utility assistance granted
(Ameren and Spire bills)

A NOTE FROM HALEY

While data and metrics might not be the most exciting topic to all, we are thrilled to have piloted a brand new food pantry software this month that will allow us to report more information than ever possible before to you while also helping us continue to grow and learn.

PantrySoft makes it easy for us to track all of the services we provide for clients. For example, we now have a custom client registration that will record data including racial and ethnic information, education levels, employment status, and utilization of government assistance programs. This has the potential to help us **find gaps where we can best help those in need beyond food.**

Additionally, the software reports how much and what type of food we distribute most, what hygiene products are the most requested, and what household products are the most essential. This will allow us to continuously adapt our client choice menu while also giving you all insight on more intentional donations. Overall, we're excited for this new data coming your way and we hope you are, too!

With gratitude and appreciation,



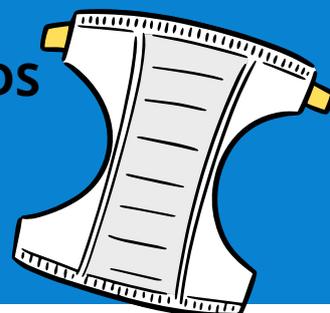
H. Calabro

Haley Calabro, MSW
Executive Director

FACING DIAPER SHORTAGES

ONE IN THREE FAMILIES STRUGGLE WITH DIAPER NEEDS

We gave out **57 packages of diapers** in the month of June alone with no signs of slowing down. From buying cases to stock our shelves to collaborating with other nonprofits, we do the best we can to ensure all of our families have access to diapers without having to sacrifice anything else to make ends meet.



CSFP FOR LOCAL SENIORS



Through a partnership with St. Louis Area Foodbank, the Wellston Center is able to distribute additional food boxes to **55 local seniors**. The Commodity Supplemental Food Program (CSFP) boxes contain nutrient-rich food provided by the USDA. The typical foods included provide vitamin A and C, calcium and iron, which are essential nutrients often lacking in the diets of low-income seniors. The boxes also contain nutritional face sheets, easy recipes to include more healthy options, and local resources. Seniors can qualify by being at or below 130% of the Federal Poverty Income Guidelines. This program prevents many area seniors from having to choose between paying for food or other necessities, such as medicine and utilities, while also providing access to a balanced diet.

In 2021, the St. Louis Area Foodbank distributed over 12,500 of these food boxes through their partner network.

June Feature

Top Requested Food Items

Canned Fruit
(512 cans distributed)

Canned Tuna
(459 cans distributed)

Canned Vegetables
(438 cans distributed)

Most Requested Hygiene Products

Bars of Soap
(392 bars distributed)

Deodorant
(74 total distributed)

Kleenex
(67 boxes distributed)

Current Food Pantry Needs

- Canned Chili
- Mac and Cheese
- Jelly
- Healthy Snacks
- Bars of Soap
- Body Lotion
- Feminine Napkins
- Adult Diapers (M-XL)

DID YOU KNOW...

the cost of feeding a family of four can run \$146 to \$289 a week?

With grocery prices continuously rising, the Wellston Center helps those in need stretch their grocery dollars with our client choice menus that offer fresh produce, grains, dairy and meat products, eggs, and canned goods. Our ethical obligation is to ensure that all have equal access to a healthy diet.