



# St. Augustine Wellston Center

*Serving the wellston community since 1993*

## September Updates for the Wellston Center Supporters



St. Augustine  
Wellston Center  
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# FOOD PANTRY

## SEPTEMBER FOOD PANTRY NUMBERS

TOTAL # OF FAMILIES HELPED  
165

TOTAL # OF CLIENTS HELPED  
417

TOTAL # OF PEOPLE HELPED  
NOT IN OUR SERVICE AREA\*  
206

TOTAL # OF NEW CLIENTS  
3

\*We will continue to help those not in our service area as long as we still have food.

## End of Summer Savings

With summer officially behind us, the Wellston Center thrift store's prices have dropped until October 2 to make room for colder weather clothes. Open to the general public, all clothing has been marked down to \$0.50 with all sales helping to feed the surrounding community.





## SEPTEMBER FEATURES

### Senior Support Group

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Recognizing a need in the community for extra support, Sister Carol Ann Callahan organized a Senior Support Group for clients during her time with the Wellston Center. The group would talk about **community issues, grief, family**, and would even have **volunteer speakers** come to talk about a multitude of topics. When COVID-19 took us all by surprise almost two years ago, the support group was put on hold to ensure the safety of this bunch. Fortunately, we are extremely happy to announce that the group has begun meeting again on every second Thursday morning of each month.

If you are interested in being a volunteer speaker, please contact us at [info@wellstoncenter.org](mailto:info@wellstoncenter.org). Speakers in the past have been registered nurses, dietitians, politicians, doctors, and lawyers, but we are open to all. We also welcome those who have any interest in holding low-impact activities.

- St Francis Cabrini Academy donated a truck full of **personal care items, school supplies, and food**.
- Garden of Feeden provided our clients **fresh greens and vegetables!**
- We installed a **weekly updates board** for local and relevant community news.
- Mary, Mother of the Church donated over **\$1,000** in support of our food pantry!
- Essence Healthcare and Dedicated Senior Medical Center donated hundreds of **reusable bags** for our food pantry clients.





## Keeping Safe and Healthy

*By Haley Calabro, Director*

When Saint Louis County Department of Public Health reissued the face covering order this month due to the increasing number of COVID-19 cases, the Wellston Center staff and board of directors thought it was as timely as ever to go over our current policies. Transmission of COVID-19 is at dangerously high levels, and it continues to be a concern to public health. While our meeting began with the intent of possibly updating our workplace guidelines, it turned into an opportunity to boast about our staff and volunteers and their

commitment to staying safe and healthy. The vaccination rate among volunteers is close to 100%, masks are worn, people stay home when they're feeling symptomatic, and cleaning has never been better. The Center is still limiting clients from entering the food pantry, continuing to distribute food outside in a quick and efficient manner. The thrift store still



maintains social distancing recommendations to protect our cashiers. Even our donations have safety in mind, with hand sanitizer and masks quickly becoming second to food items. Overall, we are deeply grateful for the extraordinary ways that our staff and volunteers have stepped up during the pandemic to make sure that the **Wellston Center can continue to help those in need.**



## Columbus Day Closing

Even though we will be closed for Columbus Day weekend, we will be hard at work transitioning our thrift store. With the help from some incredible partitioners from **Our Lady of Lourdes**, their annual Day of Service

on October 9 will be dedicated to going through clothing donations and filling our clothing racks with fall and winter clothes. We are blessed they are choosing to make a difference here in Wellston!